

Dear Parent/Guardian,

Next week in school we will be recognising National Sexual Health Week by conducting a series of age appropriate assemblies and tutor activities for students in Y7-11. We will also be collapsing the timetable for Y10, for two lessons, so that students can attend a carousel of four sex and relationship workshops. We also have the Midlands NHS prevention team coming into school to deliver a sexual health presentation to Y11 students. Our aim is to deliver a range of high quality learning opportunities as compliant with the DfE's new sex and relationships guidance which will become mandatory from next year. We believe that the most effective PSHE education is one that facilitates discussion and partnership between the students, teachers and parents. Therefore we wanted to advise you of the topics that we will be covering with each year group in advance, so you are not only aware of the coverage taking place in school but also, so you can be prepared for further questions and/or discussion that either you or your child may wish to initiate at home.

Year group	Key content
Year 7	<ul style="list-style-type: none">• Activities that examine the way that students' bodies are changing and what physical and emotional changes are likely to take place as they go through puberty.• Students will consider how the relationships they have may change with growing awareness of their sexuality and sexual attraction.• Explore issues surrounding sexuality and tolerance. Focus on the unacceptability of sexist, homophobic, bi-phobic and transphobic language and behaviour, the need to challenge it and how to do so.
Year 8	<ul style="list-style-type: none">• Activities that examine issues relating to readiness for sex to include the law, rights, responsibilities, consent and coercion.• Examine current trends in young people's sexual behaviour. Illustrate that all evidence shows that young people are not having sex at an early age.• Consider the responsibilities that come with embarking on sexual relationships and the consequences that embarking on sexual relationships may have if not carefully considered.
Year 9	<ul style="list-style-type: none">• Activities that examine the portrayal of sex across different forms of media and the distortive effect that it can have on self-image, perception of relationships and the dangers of sharing sexual images.• Examine current trends in young people's sexual behaviour. Illustrate that all evidence shows that young people are not having sex at an early age.• Consider the responsibilities that come with embarking on sexual relationships and the consequences that embarking on sexual relationships may have if not carefully considered.
Year 10 and Year 11	<ul style="list-style-type: none">• Activities that re-examine consent in relationships. Look at the right to withdraw consent at different stages of sexual intimacy. Assess examples of consent.• Re-visit contraception and access. Inclusion of emergency contraception and the available pathways in event of an unwanted pregnancy.• STIs and how to mitigate against their transmission.• Examine at the portrayal of sex in the media and the distorted portrayals that emerge (body image, consent and respect).• Look at different media platforms and the harmful effect they may have on self-concept.• The law in relation to sharing sexual content and photos. The importance of protecting ones privacy and brand and the possible consequences of peer pressure.

During the course of the year there will be further focus weeks that have a strong PSHE focus. As they occur we will continue to advise you of our coverage as it applies to your child.

Yours sincerely,

Mrs H Barratt (Head of Humanities and PSHE Coordinator)